

# Leadership Workout



Learning “about” something or learning “to do” something?

Learning about playing the guitar is relatively easy, there are a lot of books that explain chords, patterns, modes, octaves and the like; you can even learn every note on every string of the fretboard without even touching a guitar

However, it is not until you actually try and move your fingers from string to string on the fretboard that you will start learning to play the guitar!

The same can be said for tennis, dancing, swimming .....

And the same can be said for leadership!

Learning about leadership is not difficult; you can read about situational leadership, transformational leadership, transactional leadership. You can study “great” leaders and what they did and said. You can watch films like Twelve Angry Men, To Kill a Mockingbird or Remember the Titans.

But it is not until you start trying to influence others to contribute to success of some kind that you will start learning how to incarnate your leadership.

If you want to practice scales, modes and the like on your guitar you can lock yourself away in your garage, if you want to practice backhand lobs and slicing with your tennis racket you can go down to the local tennis court; but where do you go to practice your leadership?

Where do you go to practice dealing with those contradicting  
your facts?

Where do you go to practice dealing with those challenging  
arguments?

Where do you go to practice responding to criticism of your  
ideas?

Where do you go to practice staying calm when under pressure?

Where do you go to practice responding to personal attacks?

Where do you go for a leadership workout?

If you are looking for a safe, yet challenging, environment to  
test your leadership and receive concrete and actionable hints  
& tips to increase your leadership impact; drop me a mail at  
[boblarcher@boblarcher.com](mailto:boblarcher@boblarcher.com) to set up your personalised  
leadership workout!